

PRAYER REQUESTS AND UPDATES

DECEMBER 18, 2002-PRAYER REQUEST FOR HOPE LINDHOLM--We are requesting prayers for Hope Lindholm. After visiting the doctors, they have told her that she will have to have a C-section (in approximately 3 weeks) due to the circumstances of the placenta problems. The C-section delivery is considered high risk for her, because of the possibility of excessive bleeding. They would very much appreciate our prayers for her and the baby. (Sent by Dona Fehr)

DECEMBER 27, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Please pray for Hope Lindholm. She started bleeding and went into labor this morning, Friday, Dec. 27th. They delivered the baby by C-section. (It's a baby girl, 5 1/2 lbs. and the baby is fine.) Hope is in serious condition and has slipped into sleep. She is not waking up and the doctors are very concerned. It's possible she might not have gotten enough oxygen. Please pray for God's intervention. Thank you! (Sent by Dona Fehr)

DECEMBER 27, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Hope Lindholm had a heart attack while on the table for the c-section. She is still in a "sleep" and has been brought back into surgery for internal bleeding; she is not clotting. Her husband, Tim said "It does not look good, we need a miracle"! Please continue to pray for God's intervention. (Sent by Dona Fehr)

DECEMBER 28, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Hope's hemoglobin count has gone up from a 3 to a 7, which is an improvement. Her heart and other organs are all functioning well except the kidneys seem to be under stress. The doctors have taken Hope back into surgery to clean her out and to help relieve the pressure on the kidneys. They are keeping her sedated at this point. The doctors say 1 in 5 usually make it, but we know there is a Great God who can intervene on her behalf. Todd & Donna Gjesvold, Hope's sister and brother in law have taken their kids home for the night. They need our prayers as well. (Sent by Dona Fehr)

DECEMBER 28, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--3:20 am Sabbath morning Hope is out of surgery. Her hemoglobin count is up to 11 now. Her blood is starting to clot. The doctors were able to find a couple of spots where she was still bleeding and stop it. Things are looking better and the doctors said "keep praying for her" and that they are praying for her too! Thanks everyone for your continued prayers! (Sent by Dona Fehr)

DECEMBER 28, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--At 7am Sabbath morning Tim was able to spend almost an hour with Hope. She opened her eyes and looked at him, but did not respond to him yet. So they do not know if she suffered any brain damage yet. Her vitals are stable and her kidneys are working and they are giving her fluids. The doctors are amazed at her progress!! They've been letting Tim go in and see her every hour. We thank God for the miracles and continue to ask for his intervention. (Sent by Dona Fehr)

DECEMBER 28, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--1pm Sabbath day----We just came back from the hospital. They took Hope in for a CAT SCAN at 11:30pm (am?) to check on her brain activity. We got to see her and she is responding to us with definite eye movement and when Tim asks her questions she tries to nod her head. We got to see the baby and she is beautiful, 5lbs. 9 oz. and lots of dark hair. Tim says "Thanks" to everyone for their prayers, it's working!! Please continue your prayers for Hope and the family. The doctors are optimistic and are talking about her recovery, but she's not out of the woods yet. (Sent by Dona Fehr)

DECEMBER 28, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--5:15pm Saturday evening----Hope has developed a blood clot in her heart and needs our immediate prayers. The doctors will talking with Tim in a few minutes about the options. Right now it appears as though the options are 1) give her more blood thinners (which could lead to her bleeding uncontrollably again or 2) heart surgery (which isn't the best option either considering her already weak condition). Please pray for God's intervention. Thank you. (Sent by Dona Fehr)

DECEMBER 28, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--6:30pm Saturday evening----Hope has a 6" blood clot in the artery going into her heart. They are giving her anti-quagulants to help dissolve the clot. If the clot moves it could block the heart or go into her lungs. They have her sedated and are watching her for the next 24hrs. If they can keep her stable, then they will re-look at the heart surgery option. Right now she is too weak for the heart surgery.----Thank you so much for all your prayers. Please continue praying for Hope, Tim and the family. Tim is having a hard time. (Sent by Dona Fehr)

DECEMBER 29, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10 am Sunday----We just got home from being at the hospital all night. One of the doctors updated us and said that Hope's condition is still critical, but stable. Her hemoglobin count is down to 6.4. They are giving her another unit of blood to help bring the count back up again. Her blood pressure is good, but her kidneys still are not functioning fully.----The doctors have decided to wait another day before taking out the sponges from her abdomen.They will keep her sedated and want to let her rest and recover as much as possible. They also have said that they are hoping that the blood clot will dissolve on it's own; and that Heart surgery would be a last resort, because she is so weak and needs to recover from all that she's been through.----Tim says he Thanks everyone for their prayers and

appreciates it very much.----We need to keep praying that God would help this blood clot to dissolve, so they won't have to do another surgery to remove it. Thanks much. (Sent by Dona Fehr)

DECEMBER 29, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Last night the doctors printed out some information to help us better understand what has been happening to Hope. I will list the websites for those who would like to understand it better. First of all she was diagnosed with Placenta Previa in late October. Sometime in December the placenta reattached itself see information on Placenta Accreta. The doctors told Tim & Hope 2 weeks ago that they would have to deliver the baby by C-section in early January and that there was a high risk of her bleeding to death. Friday morning she started bleeding and also went into labor. It was while she was on the operating table for the C-section that the Amniotic Fluid Embolism occurred causing her to go into Cardiac arrest. From then on it has been a battle to keep her from excessive bleeding and from blood clotting.----I hope this helps everyone understand better what she's been through. I know it was helpful for Tim and the rest of us.--
-- Amniotic Fluid Embolism www.inhs.org/clinicalservices/perinatal/3-8.htm <<http://www.inhs.org/clinicalservices/perinatal/3-8.htm>>
www.emedicine.com/med/byname/amniotic-fluid-embolism.htm <<http://www.emedicine.com/med/byname/amniotic-fluid-embolism.htm>>
Placenta Previa <<http://www.emedicine.com/emerg/topic427.htm>> Placenta Accreta
<<http://www.geocities.com/cutebootee/PlacentaAccreta.html>> ----By the way, Tim said that the CATSCAN came back that Hope's brain activity appears to be normal. (Sent by Dona Fehr)

DECEMBER 30, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--9:30am Monday--Tim just called and said that they took Hope into surgery this morning to remove the sponges from her abdomen (they needed to get them out to help lower the risk of infection). She is still loosing some blood, they had to give her 2 more units this morning. The kidneys are still working and are ever so slightly increasing. The urine output is wavering around 100cc. The kids are doing fine. After the surgery this morning they will re-evaluate the blood clot to see if it's decreased in size and whether or not to go in and try to remove it. Please pray that it would be God's will to dissolve the clot, so she wouldn't have to have heart surgery, because her body is hardly strong enough to put it through even more surgery.----Thanks so much for your prayers, they are really appreciated. (Sent by Dona Fehr)

DECEMBER 30, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--11:55am Monday----Tim just called and Hope is out of surgery. There wasn't too much blood pooled and they were able to remove all the sponges and sew her up. Her vitals are good and they had to give her 2 more units of blood. They will be going in with an ediscope to check on the current status of the blood clot next. It would be so wonderful if the blood clot would dissolve, because that is still a very big concern if it should dislodge it could kill her instantly. The doctors are unsure if they should take there changes and leave it alone or go in to remove it; which is a major surgery. Please continue to pray for God's intervention and also wisdom for the doctors and Tim to make these very hard decisions.----If you would like to see a couple of additional photos of the baby, go to:
<<http://jlfreeman.net/cgi-bin/npix?folder=lindholm>> (Sent by Dona Fehr)

DECEMBER 30, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--3:25pm Monday----I just talked to Tim and he said that the blood clot has not changed in size at all, it's good that it isn't bigger, but bad that it isn't smaller. The big concern though is that it has become "less attached" in the doctors words. They are afraid it will break loose and go right to the heart. Hope's condition is "highly critical" and it is too risky to do the surgery to remove the blood clot. Her kidney's have increased in production, her heart rate is good, her blood pressure is good, but her lungs are showing signs of stress because she's been on the ventilator so long. Tim said the doctors told him "right now they have no solutions". We need a miracle!! Your continued prayers are really appreciated! Thanks much! (Sent by Dona Fehr)

DECEMBER 30, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Apparently someone at HCMC misinformed Tim about people being able to donate blood on Hope's behalf. Information has been coming back to me that the Memorial Blood Centers are no longer doing that. They mentioned that individuals can donate blood prior to someone's surgery and that it can then be stored on their behalf, but you can not come in and give blood in order to credit anyone's account in the hospital. They said they use to do that, but no longer provide that service, nor do they have any means to do all the accounting and paper work it would involve.----I'm sorry if this has caused anyone any inconvenience. We do appreciate your willingness to donate on Hope's behalf. A few have asked if the Lindholm's have medical insurance. Yes they do, although Tim said it has a 2 million dollar cap.---- 6pm Monday evening----I just talked to Tim and he said he will talk to the guy in charge of the Blood Bank at HCMC who is the one who gave him the original information. He'll let me know when he finds out more. Tim also said that the doctors have told him that if Hope recovers, it will take weeks and months, not days. She will probably have to relearn how to eat, walk, etc. (Sent by Dona Fehr)

DECEMBER 31, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--1:30am Tuesday----There is no change in Hope's condition. Tim & the kids are doing pretty good under the circumstances. For those of you who would like to send Email messages to Tim you can send them to us and we will print them out and give them to him each night when we go in to visit them. We have been printing out the Email messages that you send to us and giving them to Tim each night for encouragement. (Sent by Dona Fehr)

DECEMBER 31, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Noon Tuesday----There is no change in Hope's condition. The family is down in the neonatal unit right now with the new baby girl. Yesturday they started giving the new

baby a little bit of formula. She is strong and healthy.----Thank you for your continued prayers. We just have to keep praying for God's intervention, because the blood clot is holding the doctors back from being able to help her any further with recovery. (Sent by Dona Fehr)

DECEMBER 31, 2002--HOPE FOR HOPE DAY FAST--Greetings. We are having a hope for Hope day, this Jan 1. We will be off work, and we will be fasting that day asking Yahweh God to work in the lives of the Lindholm family, raising Hope off that bed of affliction. Some have already done this, and we invite others to join with us in this spiritual effort -- to have a fast day on Jan. 1, praying for God our beloved Father to heal beloved Hope.----Please forward this as far as you can. Hope for Hope lies with God and Christ, and it is there we will diligently seek for His mercy, as we all have been. (Sent by Dan and Margie White)

DECEMBER 31, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--4:30pm Tuesday----I just talked to Tim and he said that Hope seems to be doing a little better, meaning her vitals are slightly better. She is still in highly critical condition. The doctors said she has been making some movements with her legs, etc. They are still keeping her sedated because of the danger of the blood clot.----I want to pass on an Email I received today encouraging people to Fast tomorrow for Hope and the Lindholm family. We thought this was an excellent suggestion! (Sent by Dona Fehr) **NOTE:** See above Hope for Hope Day Fast from Dan & Margie White---This is the one Dona is referring to. Laura Lee

DECEMBER 31, 2002--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8:15pm Tuesday night----I just came home from the hospital. I went in to see Hope and Tim updated me on her vitals. They gave her a diuretic today and her kidneys are outputting well now. Her hemoglobin count is up to 9.9 which is a good improvement. The doctors did not do an ultrasound on the heart and blood clot today, so we do not know the status of the clot. Tim said that by the count of the report sheets that are filled out each time Hope received blood, they estimate that she has received at least 92 units of blood.----Little baby girl Lindholm (they have not formally named her yet) is doing well. Hope's sister, Donna Gjesvold was able to start nursing the baby today and she seems to be taking to it well. Donna is also nursing her own 4 month old baby and is happy to be able to help out in this way for her sister Hope. The baby is a little jaundice, so they are putting her under the bellirueben lights.----Also a picture of the 2 Lindholm daughters holding their new baby sister was added to the following webpage: <http://jlfreeman.net/cgi-bin/npix?folder=lindholm> --- -Tim seemed to be optimistic tonight and said he really appreciates all of the prayers, Emails and efforts everyone has made. Thank you so much. (Sent by Dona Fehr)

JANUARY 1, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--5pm Wednesday evening----I've called down to the hospital a couple of times today and still there is no change on Hope's condition. We plan to go down to visit the family there this evening. If there is any new information I will update everyone later this evening.----Thank you very much for your continued prayers. (Sent by Dona Fehr)

JANUARY 1, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--11:00pm Wednesday night----We just got back from the hospital tonight. Hope's vital signs continue to improve. Her hemoglobin count is 10.2 and her kidney's are outputting 700cc. The doctors plan to do an ultrasound of the heart and blood clot on Thursday. The baby is continuing to do well breastfeeding.----Thank you for all of your prayers on Hope's behalf. They are surely helping, because her vitals are getting stronger. (Sent by Dona Fehr)

JANUARY 2, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--6pm Thursday evening----I talked to Tim, he said the doctors did a cardio echo-gram on Hope's heart and blood clot today. There is no change in the size or movement of the clot. They are feeding her with a feeding tube down her throat and that seems to be giving her strength. Her vitals are stable, but her kidney's are showing a little stress from one of the seditive drugs, so they are trying a different one. They have brought her out of sedation a couple of times and have asked her to move different parts of her body. They said she is not responding on command, so they are going to do another brain scan today.----The baby is continuing to do well breastfeeding from Hope's sister Donna. They are expecting the baby to be released tomorrow. Hope's parents and 6 siblings are all in town (Donna lives in town, the rest of the family flew in) so they can help take care of the new baby as well as the rest of the children.----The family has expressed their appreciation for all of your prayers, Emails, cards, etc.----Please continue to pray for God's intervention for Hope. Thank you. (Sent by Dona Fehr)

JANUARY 3, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--6pm Friday evening----Tim called and said that Hope has a serious yeast infection in her lungs. They are taking cultures and testing them to try to decide the best way to fight off the yeast infection. This has the doctors concerned. Earlier today they tried taking her off the ventilator, but she is not able to breath on her own enough, so they will keep her on the ventilator all weekend and try again on Monday. The rest of her vitals are strong.----The baby was released today and so the family will be going home, and then they'll make day trips to the hospital to see Hope.----Thank you for your continued prayers for Hope and the family. (Sent by Dona Fehr)

JANUARY 4, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--11am Saturday morning----Tim called and said that the doctors at HCMC (which is the hospital where she's at) have said that: option 1- using a clot buster is not an option for Hope option 2 - open heart surgery to remove the clot is not an option for Hope, because both procedures are too risky. So they

have been talking with some specialists at the University Hospital. They have sent them the sonograms of the heart and the blood clot area for them to review and they have come up with a 3rd option. option 3 - Transfer Hope to the U of M hospital and have these specialists do a surgery where they would go up her veins and repair a hole that is in Hope's heart (they think this hole may have been there since birth) and also remove the blood clot. The doctors feel this would be more "amiable" of a risk for Hope.----Tim is asking for prayers for guidance for him and the doctors in making a decision as to whether or not they should try this procedure. The doctors at HCMC have put Hope on drugs that will temporarily paralyze her body, so she will be completely relying on the ventilator to help her body prepare for this possible procedure. Tim will have to make a decision today or tomorrow, and they would possibly transfer Hope to the U of M hospital Sunday or Monday.----He said the baby is doing great!----Thank you for your continued prayers for Tim, Hope and the entire family. (Sent by Dona Fehr)

JANUARY 4, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--12:50pm Saturday----Tim just called and is rushing down to the hospital. The doctors said Hope is losing stability. They have a team of doctors around her trying to do everything they can.----Urgent prayers are needed! (Sent by Dona Fehr)

JANUARY 4, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--2:30pm Saturday----Tim called and said that the blood clot has moved through the heart and into the lungs. Hope's blood pressure is going wacko and the doctors are trying to stabilize her. She really needs our urgent prayers!! Thanks. (Sent by Dona Fehr)

JANUARY 4, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--4:15pm Saturday----Hope is going into the operating room for exploratory surgery. There are blood clots in the lungs, her kidneys are shutting down and her stomach is desended. Urgent prayers are needed. (Sent by Dona Fehr)

JANUARY 4, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--5:45pm Saturday----Tim called and said that Hope responded well to surgery, and that the doctors were able to cut off the pressure. The doctors are amazed that the blood clot made it through the heart without killing her. The clot is in the lungs and it has broken up and spread into smaller clots. The doctors are concerned still, but not as concerned as they were when it was one big clot. They are now able to increase the amount of de clotting medication they can give her. They had to repack her abdomen with sponges to help control bleeding. There is a pool of blood below her abdomen, but they have decided to leave it alone. They don't want to risk going in any more than they have to. The doctors are more optimistic now than they were prior to this last surgery. Praises to God for yet another miracle!!----Please keep those prayers coming!!----Thanks much! (Dona Fehr)

JANUARY 4, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10:15pm Saturday night----Just talked to Tim and he said that Hope's vitals are good, her hemoglobin count is up to 14 and that her lungs are working, and her kidneys are starting to work again too. She has a fever of 101.8. The doctors aren't quite sure where the clot is, they think it may be in the lungs and has broken up, but they're not sure. The doctors are quite encouraged, although she is not out of the woods yet. When the clot let loose the doctors thought she would die within 3 mins. They are amazed that the clot passed through the heart without killing her. What an awesome God we serve. We thank Him for yet another miracle!----Tim wants to express his heartfelt thanks for all of your prayers!----Please continue to pray for her complete recovery. (Sent by Dona Fehr)

JANUARY 5, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--2:40pm Sunday, Jan. 5th----Just talked to Tim and Hope's condition is stable, but still critical. She is still fighting the yeast infection in her lungs. They were able to turn her over back and forth to change her bedding and it did not effect her heart rate. There are no procedures scheduled for today, so we probably won't know much more until tomorrow.----Thank you for your continued prayers for Hope. (Sent by Dona Fehr)

JANUARY 6, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--11:15am Monday, January 6, 2003----Tim just called and said that Hope is in surgery right now. The doctors need to go back in and remove the gauze/sponges that they had packed her with on Saturday evening to help control bleeding. They will either repack her with more gauze if need be or hopefully be able to leave it out and sew her back up. She still has a fever that's been between 102 and 103. Yesterday Tim made a tape recorder message of the kids talking to mommy for about 10 mins. and brought it to the hospital and played it for her. She is still heavily sedated, but the staff thought that they might have seen a slight change in her vitals when Tim played the tape for her. The doctors feel that the blood clot is somewhere in the lungs broken down or is not there anymore. They are confident that it won't go through the lungs, and that the lungs would help it to break down. Apparently, they are not concerned about the blood clot anymore. Her lungs are functioning good.----Please continue to pray for Hope's complete recovery.----Thank you so much for your continued prayers. (Sent by Dona Fehr)

JANUARY 6, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--1:30pm Monday, January 6, 2003----Tim just called and said that Hope did well in surgery. They were able to remove the gauze and sew her up. They did not have to give her any additional blood. She still has a fever of 101.1 degrees. Her vitals are fairly stable and they hope to start weaning her off the medications that they have had to use to stabilize her. Her hemoglobin is 12.4 and her kidneys are working fairly well.----Thank you for your continued prayers. (Sent by Dona Fehr)

JANUARY 6, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--2:10pm Monday, January 6, 2003----For clarification....----Hope is still on the ventilator and the feeding tube. When the doctors say that the lungs are functioning well, they mean that the blood clot (if it is still in the lungs) is not causing breathing difficulty, as it first was when it had entered the lungs. They have been able to culture the yeast and treat her with specific antibiotics. The hope is that they will be able to wean her off the medications, and bring her out of sedation and in time take her off the ventilator. But these things will take time.----I will continue to update you when I hear more. My hope is that we will continue to hear "good news". And we need to continue to ask God to give her strength and heal her. (Sent by Dona Fehr)

JANUARY 6, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--9pm Monday, January 6, 2003----The doctors have found another infection and are treating Hope with a strong antibiotic. They were able to wean her off one of the medications today. Her vitals are fairly stable, although she is still in critical condition. Her hemoglobin count is 10.4 and her temperature has dropped to 100 degrees. Her kidneys are working good, outputting at 150 to 300 cc, without the aide of a diuretic. They plan to do an MRI of the brain on Tuesday, to look for possible blood clots. The baby is doing good.----Thank you for your heartfelt prayers, cards and Emails, they are very much appreciated. (Sent by Dona Fehr)

JANUARY 7, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--3pm Tuesday, January 7, 2003----(Sorry I'm late in getting this update out to you all, I was away from home when I received it from Tim.) The doctors took Hope off of all the medications that regulate her blood pressure, heart rate so she is maintaining these vitals by herself now. They also took her off the sedative medication and said that she may be slow coming out of it. They expect her to be out today and tomorrow yet, and that it could take the rest of the week before she is alert. She is still on the drug Hepron, an anti-clotting drug as well as the strong antibiotics for the yeast infection in her lungs and the other infection. They did not do the MRI on the brain today; but instead they are doing an MRI on her gull bladder and liver. She has a huge blood clot in her abdomen and her belly rubeen count is up. The doctors said a) the numbers could be up because the body could be processing the large clot in the abdomen (which the doctors say is a good thing) or b) or something else is wrong. That is why they are checking the gull bladder and liver. Tomorrow they plan to do a tracheotomy and take the tubes out of her mouth and put them in her neck. They say this will be more comfortable for Hope when she wakes up. They have not had to give her any additional red blood since before the last surgery. They only had to give her some platelets yesterday. They have checked her extremities for blood clots and everything seems okay.----Thank you so much for your continued prayers. It appears that Hope is on the road to recovery. They have said that her recovery will take weeks and months, maybe even years. God has certainly performed many miracles for Hope and we are so thankful for that. (Sent by Dona Fehr)

JANUARY 8, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--12:45pm Wednesday, January 8, 2003----Tim just called and said that the doctors will do the tracheotomy at 1pm today. They had to give Hope 2 units of blood; they're not sure where she is bleeding. Her hemoglobin count dropped to 8. The doctors are concerned that she is retaining a lot of fluids. Her weight has increased by approximately 44 lbs. since she was admitted to the hospital on December 27th. This is putting a lot of stress on her organs. She is a little jaundice. They have not received the results from the tests taken on her liver and gallbladder yet.----Please continue to pray that God will give strength to Hope, so her body can cope with all the stresses it is under right now.--Thank you for your prayers and concern. (Sent by Dona Fehr)

JANUARY 8, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--5pm Wednesday, January 8, 2003----Tim called and said that the tracheotomy went well. Her vitals are stable. One of the test results showed that the gall bladder is possibly infected or inflamed, but the blood test showed it to be fine. They are still concerned about the yeast infection in her lungs. The neurological team was in looking her over when Tim called. They are also starting to incline her bed slightly.----Thank you for your continued prayers, they are really appreciated. (Sent by Dona Fehr)

JANUARY 9, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--5:45pm Thursday, January 9, 2003----I just talked to Tim and he said that Hope's bleeding had stopped. Her temperature is 101degrees, her hemoglobin is 9.1 and her vitals are stable. Her gall bladder is inflamed; so the doctors are talking now about how to treat it. They are still concerned about the yeast infection in her lungs. She is still on strong antibiotics, which along with killing off the "bad bacteria" they are also killing all the "good bacteria". Her kidneys are doing fairly good, outputting at 175cc, but she is still retaining fluids. They don't want to give her any diuretics right now, because that is hard on her heart. She still has the large blood clot in her abdomen. She is not awake yet. The doctors biggest concerns right now are her gall bladder, the retention of fluids, her fever and the infections.----Please continue to pray that God will give her strength and healing. She is stable, but still in critical condition. I will probably only be Emailing updates once a day, since there is not a lot of change on a hourly/daily basis.----Thank you for all of your prayers, Emails and cards they are making a difference! (Sent by Dona Fehr)

JANUARY 10, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--7:15pm Friday evening----Tim just called with an update. Hope is opening her eyes, but not responding yet to people talking to her. The doctors said, that it could take until next Tuesday before the full effects of the sedation medication wear off. The doctors think that her gall bladder inflammation is related to her hemotoma (that's what they call the large blood clot in her abdomen), so they have decided to leave it alone and give it some time to heal on it's own. She still has a fever of 101 degrees, but they think the inflections are getting better. Her vitals are

stable and her hemoglobin count is up to 9.9 on it's own and they haven't had to give her any more blood. She is breathing on her own at least 50% of the time, which is encouraging. The doctors think she is slowly healing; it's just going to take time, probably a long time.----Tim asked me to again express his gratitude to everyone for their heartfelt prayers on Hope's behalf. Thank-you, Thank-you!! (Sent by Dona Fehr)

JANUARY 11, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8:15pm Saturday, January 11, 2003----I just got an update from Tim. Hope's blood pressure is up a little and she is opening her eyes more; but she is not responsive yet. Her hemoglobin count is 9.8 and her kidneys seem to be doing well, although she is still retaining fluids.----The health nurse came out to the house yesterday to check on the baby. She is doing well and has gained 3 ounces since leaving the hospital a week ago.----Thank you for your continued prayers on Hope's behalf; it is really appreciated. (Sent by Dona Fehr)

JANUARY 12, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--11:45pm Saturday night----Hope seems to become very agitated when people try talking to her. Her blood pressure rises quite a bit; so Tim is requesting that she has no visitors for a while, until her condition improves. Thank you. (Sent by Dona Fehr)

JANUARY 12, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--5:50pm Sunday, January 12, 2003----Tim just called to say that the nurses moved Hope and had her sitting up in a chair for a short time today; she did tire rather quickly, but it's a start! She is responding to "yes" & "no", but still cannot move her arms and legs on command. Tim said she appears to be in a lot of pain. On Monday they plan to take the feeding tube out of her mouth and insert it in her stomach; that way it will be much more comfortable for her. As with any operation, Tim asks to please pray that everything will go well.----Tim has said that he really appreciates all of your prayers on Hope's behalf. And at this point, it is still preferred for Hope to not have any visitors until she is stronger and she quits reacting with the high blood pressure. (Sent by Dona Fehr)

JANUARY 13, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8:45pm Monday, January 13, 2003----More good news on Hope... she seems to be getting a little stronger every day. I just talked to Tim and he said that her heart rate (between 106 and 115) and blood pressure is starting to come down a little. She seems to not be suffering so much and more calm. She is focusing more and when Tim asked her to squeeze his right hand today, she was able to do that and then he asked her to squeeze his left hand and she was able to do that as well. So not only can she now squeeze a hand upon request, she knows the difference between right and left. This is very encouraging!! She is not able to move her toes upon request yet, but who knows what tomorrow will bring. Her kidneys are outputting between 200-500cc, and her swelling seems to be going down slowly. Her hemoglobin count is 9.4 and her white blood cell count is 17, (I guess under 10 is good) so it is a little high yet.----The following link is about the story of the recovery of a woman who went through a similar situation as what Hope has gone through. It tells about the long recovery she had to go through. It can give us an idea of what might lie ahead for Hope. <http://www.thekolbegroup.org/SurvivingAmnioticFluidEmbolism.html> ----Thank you so much for your prayers, Emails, cards and the food many have helped with, it is really appreciated. Let's pray that God will continue to give Hope strength and full healing. (Sent by Dona Fehr)

JANUARY 14, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--7:00pm Tuesday, January 14, 2003----I just talked to Tim and he said that with the doctor's permission he brought all of the kids, including the baby down to see Hope. He said she smiled and showed emotion. Tim held the baby up close to Hope so she could see her (Hope is not able to hold her yet) and he said that she started to cry a little. He said that doctors, nurses and staff crowded her bedside and that it was very emotional. Hope has become well known at the hospital and much of the staff is very encouraged by her progress. One of the doctors told Tim that "It made his day"! All of Hope's sisters got to see her today, which was great that they could, as two of them are leaving tomorrow to go back home. Her mom would have liked to see her, but she has laryngitis and didn't want to expose Hope to any more possible infections. During all of this Hope's heart rate and blood pressure remained in a good range, so she is definitely getting stronger every day. Her temperature is down to 99.7 degrees. The doctors are amazed at her progress. The baby is doing really well.----All of this good news has brought "tears of joy"; we really do serve a wonderful, powerful, awesome God!!----Tim will ask Hope if she is up for visitors and I will let everyone know as soon as I hear.----Thank you all so very much for your continued prayers! (Sent by Dona Fehr)

JANUARY 14, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8:45pm Tuesday, January 14, 2003----Tim called and said that he asked Hope if she was up to visitors and she seemed to indicate that would be okay. So for those of you who would like to visit Hope, she is at the Hennepin County Medical Center, Surgical ICU on the North Block. If you would like to also be able to visit with Tim, he is generally at HCMC from 3 or 4pm until 10 or 11pm. He also said that the doctors are going to try to start weaning her from the ventilator. They did not put the feeding tube in her stomach yet. They have delayed that procedure because she is not able to process things going through her stomach yet. Her hemoglobin count has dropped to 8.4; her platelets are at 17 and her kidneys are still outputting between 150-250cc.----Again Tim asked me to convey his gratefulness for all of your prayers on behalf of Hope. (Sent by Dona Fehr)

JANUARY 16, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10:45pm Wednesday, January 15, 2003----We just returned from the hospital. Tim and the kids were there visiting with Hope. They had Hope sitting up in a hospital chair and she was very happy to see Tim, the kids and the new baby. I was able to take a few pictures of the family. We visited with her for a

short time; she was getting tired so we kept the visit brief. Her swelling has gone down considerably since we'd seen her last, about a week and a half ago. Her vitals are improving every day. Her kidneys are outputting between 150-800 cc's. Yesterday, I incorrectly reported that her platelets were 17. It was her white blood cell count that was high yet at 17. Today they were down to 12; I am told that 10 are considered good. The doctors also feel that she is winning the battle with the infections. She has one small feeding tube going into her nose and then the breathing tube through the neck. The doctors said that she displayed some complex thinking today and they are encouraged. One of the doctors told Tim "someone's looking out for you" and that "this is a miracle". Tim said that she can mouth the words "Love You" and she was smiling a lot more. It was so wonderful to see her alert and being able to understand our questions. She gets frustrated though, because she can't talk with the ventilator tube in her neck. Tim will bring in some paper and markers tomorrow to see if she can try to communicate by writing. It sure seems like she's all there. The doctors are hoping to wean her off the ventilator by the end of the weekend, if all goes well. Tim will try to be there in the evenings for those who want to come and visit a bit. Please make sure you are healthy though, we do not want to expose Hope to any infections or viruses, because her body is still weak. I tell you seeing Hope tonight and remembering how she looked when we saw her last a week and a half ago; there is no doubt in my mind that God has performed some really big miracles for Hope. The song, "Our God is an Awesome God" keeps running through my head!----Tim again wants to express his gratitude for all our your prayers, Emails and cards.----Thank you for your continued prayers. (Sent by Dona Fehr)

JANUARY 16, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8:15pm Thursday, January 16, 2003----Just talked to Tim and he said Hope seems to be doing better in regards to the infection and that they are going to start taking her off the antibiotics. They tried to take her off the ventilator today. Her breathing rate really increased and it scared her, so they had to leave it in for now. Her heart rate and blood pressure is about the same. She tires easily though and nodded yes that she's feeling more pain. This has left her tired. When Tim asked her if she was still up to visitors she shook her head "no". She wants to wait until she feels better. So Tim has asked that we give her a little more time to recuperate and gain some strength before we resume visiting her. He will let us know when she indicates that she is ready for visitors again.----You can find some additional pictures taken last night of Hope, Tim & the children at the following web address: <http://jlfreeman.net/cgi-bin/npix?folder=lindholtm> ----Again thank you so much for your continued prayers. (Sent by Dona Fehr)

JANUARY 17, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--9:45pm Friday, January 17, 2003----I talked with Tim and he said that the doctors put the feeding tube in her stomach today. I guess up to this point they didn't feel she was ready for it. Her temperature is up slightly at 100.4 degrees, and her hemoglobin count is 8.4. Her white blood cell count is at 12.3, they would like to see it in the 5 to 10 count range. They think she's doing okay in terms of fighting the infection and tomorrow will be her last day of the antibiotics. Her swelling is continuing to go down. The doctors are starting to talk about rehabilitation for Hope. If they can wean her from the ventilator, they will start rehab at HCMC (this is the hospital where she's at), if they cannot wean her from the ventilator they will have to move her to Bethesda for rehab. It would be so much nicer if they didn't have to move her, plus Bethesda would be further for Tim to drive to see her. Please pray that God will again intervene and help her to be strong enough to breathe on her own soon.----Today the doctors put a voice box on her for a while and she was able to count to 5. They were very pleased! They also let Tim give her some ice cubes to suck on today and she seemed to really like that. Tim asked her if she remembers anything about what she'd been through and she does not. He started telling her just a little bit about what's happened and she was amazed. The doctors are really pleased with her improvement and they are so amazed!!----All the glory goes to God, our Father and Jesus Christ, our Lord and Savior!! It is so exciting to see that even the doctors and nurses realize that Hope is here because of God's intervention!----Tim again says, Thanks to everyone for their continued prayers! (Sent by Dona Fehr)

JANUARY 18, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8:40pm Saturday, January 18, 2003----Just talked to Tim and the good news is the doctors have been able to start weaning Hope off the ventilator today! She was off of it, breathing on her own in what's called a Dome for 5 hrs. today. I haven't seen this dome, but he explained it to me as a dome with moist air and extra oxygen for her to breathe in. Then they put her back on the ventilator for another 5 hrs. and currently she is off of it again breathing on her own with this dome. It is so exciting to hear of how God is answering the many prayers on Hope's behalf and continuing to intervene in her life. Hallelujah, Praise God!!----When Hope is off the ventilator they can put something up to her so she can "whisper talk" as Tim calls it. Anyhow, he enjoyed being able to hear her talk to him a little today. Last night he was able to sit with her for quite awhile and tried conversing by playing "Charades". Last night he explained more to her about what she's been through and she is "amazed" to learn about it. He was able to give her more ice cubes and it seems to really sooth her throat.----Her white blood cell count is down to 11.9, her hemoglobin is up to 9.5 (all on it's own, they have not given her any more blood), and her kidneys continue to do well, outputting at 300-500cc's. Her swelling is continuing to go down, and she has more dexterity today. She is still on "Hepron" (an anti-clogging drug), and down to one anti-biotic. The doctors and nurses in the ICU are so amazed at her improvement; they say they usually don't get to see this dramatic of improvement in the ICU. The patients are usually moved to somewhere else and they often never know how the recoveries end up. Many doctors and nurses from different areas of the hospital check on her improvement as well. She has become well known to a lot of HCMC staff. It has been a real positive moral booster for them. The doctors that revived her back on December 27th came to visit her today; they are ecstatic with her improvement!----The health nurse checked in on the baby yesterday and said she is doing well. She weighs 5lbs. 12 oz. now.--Let's keep praying for God to strengthen Hope's lungs so she can be weaned from the ventilator completely. Again thank you so much for all of your prayers, encouraging Emails and cards. (Sent by Dona Fehr)

JANUARY 19, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--8pm Sunday, January 19, 2003----I just talked to Tim and Hope has been off the ventilator since 8am this morning! And they would like to keep her off it during the night, but she is a little nervous about trying to sleep with it off. I think it wouldn't hurt to ask God to help calm Hope's nerves, so she can sleep tonight and not worry about the ventilator being off. The only drug she is still on is Hepron; she is off all antibiotics. Her temperature, heart rate and blood pressure are all good. Her swelling is down quite a bit. One of the nurses came in today and told Tim "That this is all a miracle"! They say she will not have to be moved to Bethesda, since she's doing well weaning from the ventilator. It is possible that she will be moved out of ICU in a couple of days. They put a "Passy Muir valve" on her so she can talk a little. Right now she is enjoying sitting next to the baby. They have decided that one of the baby's names will be "Hope", but they haven't decided what her full name will be yet. They have traditionally given all of their children 3 names.----Hope's mom is doing better, and is able to talk some.----Thank you so much for your continued prayers on Hope's behalf. It is very obvious that God has answered the many prayers. (Sent by Dona Fehr)

JANUARY 20, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10:00pm Monday, January 20, 2003----We just got home from the hospital. We were able to see Hope for a short time and take a few pictures of her feeding the baby a bottle. Hope has been off the ventilator since yesterday morning at 8am. She made it through the night without it and got a good night's rest. Today a physical therapist came in and helped her to stand up for a short time. She is understandably weak. They gave her an occupational therapy test today and she got a 99 on it. Last Thursday they had given her the same test and she only scored a 12. What an improvement! It was encouraging to see her smile and laugh and be able to whisper talk. She is definitely less frustrated than she was a week ago, when she couldn't talk. Tomorrow morning Tim has a family conference scheduled with the doctors to discuss where do they go from here. Can they give her therapy in-house, or will they have to transfer her somewhere else, what are the things that need to happen to expedite her going home? One thing they said, she will have to be completely off the drug Hepron before she can leave ICU. They want to start her on COUMADIN (it helps to prevent blood clots) and wean her off the Hepron (a blood thinner). It is a difficult balancing act. When you take someone off Hepron, the blood will have a tendency to start clotting. So my understanding is that they try to regulate the blood with the COUMADIN until it is at a safe level.----Please pray for Tim and the doctors that will be a part of this conference tomorrow; that God will guide and direct the decision making and what will be best for Hope.----Thank you for your continued prayers for Hope. Even though I only got to see her briefly, I can tell you she has come a long, long way! It was wonderful to see her interact with all of her children and see her joke with Tim. And she really seems to be all there!! What a miracle!! (Sent by Dona Fehr)

JANUARY 21, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--6:10pm Tuesday, January 21, 2003----I just talked to Tim and he said that the meeting went well and that they downsized Hope's tracheotomy tube from a #6 to a #4, and she is completely off the ventilator. The speech therapist came in too and said she's doing great and will sign off on her. The physical therapist came in as well and said she was able to get herself dressed and comb her hair today. She was also able to walk a little around her room and use the restroom with only 1 assistant. They put some dye in her water today and took an x-ray of her lungs to see how clear they are. Apparently, they are clear enough for her to start drinking water today and tomorrow they will start giving her a little food. Her white blood cell count is 11.7 and her hemoglobin count is up to 10.7 on it's own. Tonight they are moving her out of ICU and into a standard room. Thursday they will transfer her to Knapp Rehab, which is within the HCMC complex. She is off Hepron and they are transitioning her to Coumadin. Tim said that Hope gave him a kiss and a hug today! I could tell that really made his day!----Words can hardly express the remarkable pace at which Hope is healing!! Hope is the talk of the hospital. Many, many doctors and nurses are repeatedly saying at what a miracle this is!! We have so very much to thank God the Father and our Savior Jesus Christ for in the very many miracles they have performed on Hope's behalf! Thank you all so very much for your continued prayers, it is very obvious God is hearing them!----More pictures have been added to the Lindholm family photo page at: <http://jlfreeman.net/cgi-bin/npix?folder=lindholm> (Sent by Dona Fehr)

JANUARY 22, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--7:35pm Wednesday, January 22, 2003----I just talked to Tim and he said that Hope was able to go for a short walk today down to the waiting room to sit down and then came back to her room. They put a strap around her in case she would start to lose her balance, then they could catch her before she would fall. She also ate some grapes and drank some juice. She doesn't have much of an appetite, since she hasn't eaten for almost 4 weeks. Her left leg, arm and hand are all weaker than the right side. She would appreciate prayers for strengthening on her left side. Also her abdomen is sore do to the hematoma (the large blood clot in her abdomen) and also walking around seems to strain it some. Her voice is getting stronger. Dr. Hohn (the anesthesiologist who helped revive her) came in today to see her. He said he was so happy to be part of the team that helped save her. He said that usually 98% die who have experienced an Amniotic Fluid Embolism, and of the few that make it most of them have brain damage. It is indeed a miracle that Hope is alive and doing so well!----Hope is out of ICU now. She is up to having visitors now. She is in room #2343, on the South Block, 2nd floor, section 23H. They will probably move her sometime tomorrow to the Knapp Rehab, which is somewhere in the HCMC complex.----Tim and Hope have requested that we pray for special blessings for all of the staff at HCMC. They have done a wonderful job in taking good care of Hope, the baby while she was there; and they have been very accommodating to the family and taking care of their needs. Their concern and cooperation has been much appreciated.----Thank you all so very much for your prayers, Emails & cards. They are all very much appreciated. (Sent by Dona Fehr)

JANUARY 24, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10:30pm Thursday, January 23, 2003----I just

talked to Tim and he said that they moved Hope to the Knapp Rehab today. Hope was able to get up out of the chair and get herself dressed today, as well as walk to the restroom facilities all by herself today. Tim stood next to her to catch her if she would start to fall, but she did great! Tomorrow they plan to do MRI to make sure that everything is right where it should be. She is a little jaundice, so they will also do some blood work to check on the liver and gallbladder. Tomorrow at 8am they will start intense physical therapy. The plan is to have Hope do 3 hrs. of intense therapy per day as she can handle it. They also said she continues to progress as she has been, she may be able to go home in 10-15 days! She was able to eat a little again today, but she still doesn't have much of an appetite. Her voice is getting stronger. They also told her that the drug Coumadin doesn't affect breast milk, so it is possible that she still might be able to breast-feed the baby.----One of the nurse anesthisiologist named Tim came in today to visit Hope. He said he was the one who was doing the manual CPR on Hope while the Dr. Hohn, the chief anesthisiologist was giving her "meds" to get her heart going again. He said he could feel her heart "kick in" and that Dr. Hohn gave Hope more "meds" than he's ever had to give anyone in his 25 years to get her heart going again! He also said, "This is a medical miracle" and "We just don't see this very often"! Dr. Janet Bellingham came in today to visit also and said, "We did what we normally do and someone intervened" and "I'm honored to have been part of the team to have worked with you"! Again it is very inspiring to realize what a miracle this has been! (Sent by Dona Fehr)

JANUARY 25, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10:30pm Friday, January 24, 2003----I just talked to Tim and he said that Hope started rehab today. She had 2 physical therapy sessions and 2 occupational therapy sessions. Hope said that the speech therapy was very intense. They had count to 100 and memorize words and repeat them. She had 6 - 30 min. sessions in all. She was a little discouraged, but overall it was good. They will have a meeting next Friday, January 31st with all of the social workers to decide on her progress and how soon she could be released to go home. The doctors took the trycatomy and her IV out today. Tomorrow they will take the staples out from the incision in her abdomen. She was up and walking around several times today and she was able to eat a little more than she did yesterday. She ate around 900 calories, they want her to eat around 1500 calories per day, and so they make up for what she doesn't eat through the feeding tube into her stomach, also known as a "peg". They told Tim that the "peg" has to be left in for at least 6 weeks or it could cause problems, so she will go home with it. Tim will have to learn how to care for keeping her incisions clean as well as the area around the peg.----Saturday and Sunday she can have visitors from 11am until 8:30pm. The baby now weighs 5lbs. 14 oz. and is doing well. Tim has their Email up and running, so if you want to send Emails directly to Tim & Hope, you can send them to: lindholm@usfamily.net lindholm@usfamily.net ----The mailing address of where Hope is at is: Knapp Rehab Center, 900 - 8th Ave. S., Room #313, Mpls., MN 55415----Although Tim said you can also mail cards to the house and he will bring them to her on a daily basis. Note: She is hoping to be home by next weekend, so you might want to just mail items directly to the house. **[NOTE: Due to the size of our email list and in that we have no control over how many people outside of our own list receive these prayer requests, and also the fact that these prayer requests are also posted on our Web Site for 1 year we will not include a home US mail street address when we send out prayer requests. In our opinion it would not be a responsible thing to do, in that in some cases it may not be safe. Laura Lee]**----Thank you again for all of your prayers, cards, Emails, meals, cleaning, etc. it is all very much appreciated! (Sent by Dona Fehr)

JANUARY 25, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--10:30pm Saturday, January 25, 2003----I just talked to Tim and he said that there really isn't anything new to report. Hope continues to get a little stronger each day. She is slowly able to do a little bit more each day and her voice continues to get a little stronger.----For those who would like to mail her cards, the address at the rehab unit is: Knapp Rehab Center, 900 - 8th Ave. S., Room #313, Mpls., MN 55415----You can also mail cards to the Lindholm's house and Tim will bring them to Hope.----In an earlier Email I had also given another address; that is the business address, which is okay to send them to as well.----**[NOTE: Due to the size of our email list and in that we have no control over how many people outside of our own list receive these prayer requests, and also the fact that these prayer requests are also posted on our Web Site for 1 year we will not include a home US mail street address when we send out prayer requests. In our opinion it would not be a responsible thing to do, in that in some cases it may not be safe. Laura Lee]**----At this point, I will probably start cutting back on updates to every other day, unless there is something new to report. Now that she is stable and is not in critical condition her progress may not be as dramatic as it first was. We will continue to pray that she will grow stronger each day.----Thank you again for all of the many prayers, cards, Emails, etc. It has made a big impact on Tim & Hope, and it is very much appreciated. (Sent by Dona Fehr)

JANUARY 26, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--9:40pm Sunday, January 26, 2003----I just talked to Tim and there is a little change in Hope's condition. He did mention that the doctors have said that she is apparently running a low grade fever around 100 degrees, mostly at night. They are not overly concerned about it. She still has tingling in the left hand and both legs tingle and are still weak. She also has tremors in her hands. They have a meeting scheduled for Wednesday morning with all of her doctors regarding when she may be discharged.----Tim & Hope want to thank everyone for all of their prayers, cards and loving support; it is very much appreciated. (Sent by Dona Fehr)

JANUARY 29, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--9:00pm Tuesday, January 28, 2003----We just came home from visiting Hope at the Knapp Rehab Center. She is doing great! Her voice is getting stronger and her color is back. She can write with her hand and she can even remember how to do some of the accounting work she had been doing before she went into the hospital. She still has some trembling in her left hand that will probably take some time to heal. She is definitely

on the road to recovery. It is great to see her smiling and laughing. It is amazing to see her now and to realize how far she has come in 4 & 1/2 weeks! Amazing!! Tomorrow morning Tim & Hope are meeting with all of the staff to determine how soon she can be discharged. She is anxious to get home and recuperate there. They are hoping that she can go home by this Friday.----The baby is doing great! She is a cutie!----Tim & Hope again thank everyone for all of their heartfelt prayers, cards, Emails, the flowers, meals and the help they are receiving. It is very much appreciated! (Sent by Dona Fehr)

JANUARY 29, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--9:20pm Wednesday, January 29, 2003----The doctors released Hope today and she is home now. I just came from visiting with her. She is doing great! She is so happy to be in her own home. She will continue to go to outpatient physical and occupational therapy twice a week for a month. I took a few pictures of her reading books to the kids and holding and feeding the baby. I will attach a couple of pictures, then you can check the Lindholm family photo page sometime tomorrow for additional pictures. <http://jlfreeman.net/cgi-bin/npix?folder=lindholm> ---- At this point in time I will probably cut back on updates to once a week unless there is something new to report. If you would like to send Emails directly to the Lindholm's their Email address is: lindholm@usfamily.net <<mailto:lindholm@usfamily.net>> ----Thank you so much for your continued prayers on Hope's full recovery! (Sent by Dona Fehr)

JANUARY 30, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--The additional pictures taken of Hope last night are on a new page: <http://jlfreeman.net/cgi-bin/npix?folder=lindholm2> (Sent by Dona Fehr)

FEBRUARY 9, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Sunday, February 9, 2003----I apologize for not being able to get an update out to you sooner. We were out of the country on vacation and just returned today. My sons were ready to send out an update if there had been a need, but there wasn't much to report.----I just talked to Hope on the phone and her voice sounds so much stronger, like herself again! She said that they would try to get an update for me to send out to you tomorrow. The baby is doing well and now weighs 7 lbs., 6 oz. That's it for now... (Sent by Dona Fehr)

FEBRUARY 11, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Below are a few updates:----(1) Last Wednesday, Feb. 5th, I went to outpatient occupational & physical therapy at Knapp Rehab. I was put through a re-evaluation which revealed that there was improvement in every area, with some areas showing dramatic improvement.----(2) Unbeknown to us, Kim Thull nominated me as employee of the week with KARE 11. She faxed in a brief summary of why she was nominating me as employee of the week -- when I finally came fully out of sedation, I asked Tim about tax deposits and payroll. When producers at KARE 11 received it, they called her and said they wanted to do the story (nothing more has been mentioned about employee of the week). So last Thursday, Feb. 6th, KARE 11 interviewed doctors at HCMC and afterwards interviewed us in our home. Apparently it will air sometime this week, but we haven't been told when.----(3) Also last Thursday, after the KARE 11 reporters left our home, Tim played a cassette tape he and the children had made while I was in a "coma." They talked to me about our new baby and how they missed me and loved me. Tim counted to 3 and they chimed in unison "We love Mommy, we love Mommy, we love Mommy!" When I heard the tape on Thursday, I broke down in tears because I recognized the recording even though it had only been played to me a few times while I was in a "coma." It was a very moving and emotional experience.----It's great to be recovering at home with the family. Every day I feel a little stronger. Thanks again for all the prayers, cards, meals! Hope & Tim (Sent by Dona Fehr)

FEBRUARY 13, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Hi, just wanted to let everyone know that KARE 11 will be running the story on Hope Lindholm this coming Monday night, February 17th on the 10:00pm news. (Sent by Dona Fehr)

FEBRUARY 17, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--Monday, February 17, 2003----I just received this update from Hope Lindholm.----Hello everyone,----We have finally named our little girl: Nadia (Russian for Hope) Raphaela----(God heals or God cures) Eliana (God has answered me) Lindholm. Last Wednesday I was released from outpatient occupational therapy and my last physical therapy appointment was Friday. Because my recovery is progressing so well, both therapists felt that they couldn't provide any better therapy than what I'm doing at home as a wife and mother. My strength continues to improve; even my left hand is improving quite well. A week from this upcoming Wednesday, the "peg" (feeding tube) will be removed - yeah! Recovery is going great! We want to extend a wholehearted thank you for all the prayers, cards, food, gifts, and help during our recent ordeal. Your loving support has been overwhelming. We unequivocally believe in the power of prayer and the role it has played in my recovery. It has been inspiring to watch God's love cross all church boundaries - what an awesome, loving and merciful God we serve! To all of you we pray that God will bless each and every one of you!!!----With great love, warmth & thankfulness, The Lindholm family----(Tim, Hope, Andrew-9, Chantal-7, Hannah-4 & Nadia-7 wks) (Sent by Dona Fehr)

FEBRUARY 17, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--The following Email was sent to Tim Lindholm and I am sending it out for those interested in participating in a "Day of Thanks" for Hope.----We had a day of hope for Hope, when we were in great need.----So -- ----Luke 17:11-19 And it came to pass, as they were on their way to Jerusalem, that he was passing along the borders of Samaria and Galilee. And as he entered into a certain village, there met him ten men that were lepers, who stood afar off: and they lifted up their voices, saying, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go and show yourselves unto the priests. And it came to pass, as they went, they were cleansed. And one of

them, when he saw that he was healed, turned back, with a loud voice glorifying God; and he fell upon his face at his feet, giving him thanks: and he was a Samaritan. And Jesus answering said, Were not the ten cleansed? but where are the nine? Were there none found that returned to give glory to God, save this stranger? And he said unto him, Arise, and go thy way: thy faith hath made thee whole.----So, Tim, let's make sure we're not like the nine lepers.----Let's set aside this Sunday, Feb 23rd, to be a day of fasting and thanksgiving to God -- thanks be to Him that Hope, who was in a coma, is now home! Dan and Margie White (Sent by Dona Fehr)

FEBRUARY 21, 2003--PRAYER REQUEST AND UPDATE FOR HOPE LINDHOLM--For those of you who were not able to watch the news special on Hope Lindholm on Monday night you can read about the news special on their website. Just click on the link below and it will bring you right to the article on Hope. http://www.kare11.com/news/news-article.asp?NEWS_ID=42282 Instead of mailing video tapes out my son, David was able to record the KARE 11 news special with his computer. You can view it using Windows Media Player at the following website: www.timsqualityplumbing.com/hope <http://www.timsqualityplumbing.com/hope> Hope is doing well as you will see when you watch the news special! (Sent by Dona Fehr)